



MENU

Elegant catering with a global twist – crafted for meetings, teams, and events

INDIVIDUAL LUNCH BOXES	SHARING PLATTERS (4-6 PEOPLE)
Jollof Chicken box £10.50 Spiced Nigerian jollof rice, grilled chicken thigh, fried plantain and coleslaw	Tapas Grazing Platter £57.99 Tortilla, chorizo, manchego, olives, dips and slices of bread
Tortilla & Tapas £9.99 Spanish tortilla, olives, roasted peppers, aioli and bread	Cheese & Charcuterie £58.99 Cheeses, cured meats, crackers, grapes,
Classic English Ploughman's £9.49 Cheddar, ham, pickle, apple, chutney, on rusty roll and salad or crisps	Afternoon Tea Platter £55 Mini sandwiches, scones, jam & cream and delicious cakes
Tofu Moi Moi & Falafel Box £9.49 Tofu moi moi, hummus, roasted veg in pitta bread with falafel	Veg Mezze & Moi Moi Platter £55 Falafel, hummus, grilled veggies, spiced couscous, tofu moi moi and pitta
Smoked Salmon Bagel £10.49 Paired with cucumber ribbons, crisps, and a fruit pot	Nigerian Party Platter £60 Jollof Rice, Grilled Spic chicken puff-puff (sweet dough balls) Fried plantain, coleslaw and standard moi moi
HOT TRAYS PLATTER (6-8 PEOPLE – DELIVERED WARM)	ADD-ONS & DRINKS
English Roast Chicken Tray £75 Roast chicken portions with rosemary potatoes, seasonal veggies & gravy	Fresh Fruit Pot (individual) £2.50 A mix of seasonal fruits, including strawberries, grapes and pineapple, carefully chopped and served in an individual pot.
Paella Tray £89.99 Traditional Spanish paella with chicken, prawns, peppers and saffron rice	Brownie/ Cake Bite £2.00 Chocolate brownies or vanilla sponge cake bites, made fresh for a sweet treat anytime.
Jollof Rice & Chicken Tray £65 Rich tomato-spiced rice with grilled chicken and sweet fried plantain	Açaí bowl (individual) £3.50 Blend of açaí berries, banana, and mango topped with fresh fruits, crunchy granola, coconut flakes, and a drizzle of honey.
Vegan Veggie Curry Tray £60 Mild chickpea & spinach curry with fragrant rice & soft naan	Bottled Water or Soft Drink £1.00 Still or sparkling bottled water or enjoy a selection of soft drinks including cola, lemonade, and orange soda.

Delivery & Ordering

🚚 Delivery within Nottingham: £5 flat rate (FREE for orders over £250) | ⌚ 72 hours notice required for all orders

✉ Ordering: Via email hello@platedandco.co.uk or order form | 📦 Custom menu quotes available for larger events or special dietary needs



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SANDWICHES & WRAPS

Turkey & Avocado Club

Turkey breast, avocado, lettuce, tomato, mayo, on toasted sourdough

Tuna & Sweetcorn Mayo

Tuna, sweetcorn, mayonnaise, lettuce, on white or whole grain bread

Classic English Ploughman's

Cheddar, ham, pickle, apple, mango chutney and salad on rusty roll

Spicy Chicken & Avocado

Spiced chicken breast, avocado, lettuce, tomato, mayo, on toasted sourdough roll

Smoked Salmon Bagel

Smoked salmon, cream cheese, cucumber, dill, on whole grain bagel

Peri-Peri Chicken Wrap

Spiced grilled chicken, crunchy slaw, yogurt dressing, in a soft tortilla wrap

Grilled Halloumi & Roasted Veggie Wrap

Grilled halloumi, roasted veggies (peppers, onions), hummus in a tortilla wrap

Individual sandwich £4.49

Make it a meal for ONLY £6.49

(includes a drink and crisps or fruits bowl)

All sandwiches are available individually (boxed), as platters, or part of lunch packages.

SANDWICHES PLATTERS

Office Club Platter

£38.99

A selection of our best-loved sandwiches — perfect for meetings, training sessions, or team lunches.

Includes: Turkey & Avocado Club, Tuna & Sweetcorn Mayo, Classic English Ploughman's, Grilled Halloumi & Roasted Veggie Wrap (V)
Serves 4–6

Executive Platter

£44.99

A premium assortment designed to impress clients and guests.

Includes: Smoked Salmon Bagel, Spicy Chicken & Avocado, Peri-Peri Chicken Wrap, Halloumi & Roasted Veggie Wrap (V)
Serves 4–6

Create-Your-Own Meeting Platter

Choose your own combination of 2, 3, or 4 sandwich types from our menu — ideal for custom orders or mixed dietary needs.

- 2 Types – £36
- 3 Types – £40
- 4 Types – £50

(Each platter serves approximately 4–6 people)

PERFECT PAIRINGS

Mixed Side Salad Bowl

£9.49

Includes: Mixed leaves, cherry tomatoes, cucumber, red onion, sweetcorn, and house dressing.

Crisps & Fruit Selection

£7.99

Includes:

- 6 individual crisp packs (mixed flavours)
- 1 medium fruit platter or selection of approx. 8 whole fruits.

All add-ons serves 4–6 people

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